

# ANNUAL REPORT 2016

## AKPAFU TBA WOMEN'S ASSOCIATION



### Executive Board Members:

Chair: Wurapah Rita

Secretary: Asare Regina

Member: Dr. Samuel Abudeh

Member: Bansah Evelyn

Member: Mr. Thompson Nsubi

**Advisors:** Health Education: Ms. Irene Dzirasah: Director Food and Nutrition (Ghana Health Service) Hohoe

Public Health: Faustina Desewu Public Health Nurse-Hohoe (Ghana Health Service)

Training of birth attendants: Dr. Felix Doe (Municipal Director of Health Services Ghana Health Service) Hohoe

Outreach programmes: Mrs. Lanyo Mildred (Public Health Nurse-Hohoe) Ghana Health Service

### Local Collaborators:

Hohoe Municipal Health Directorate (Ghana Health Service)

Hohoe Municipal Assembly

Hohoe Midwifery Training School

Hohoe Municipal Directorate of Department of Social Welfare

### International memberships

*Associated Country women of the World, United Kingdom*



### Contact Address:

Akpafu TBA Women's Association (ATBAWA) P.  
O. BOX HH 526, Hohoe, Volta Region, Ghana  
West Africa. Office location: Akpafu

Mempeasem Email: [asare@atbawa.org](mailto:asare@atbawa.org)

Cell Contact Numbers: +233 (0) 24-0088824/  
+233 (0) 24 6723642 / +233 (0) 24-1317964

Website: [www.atbawa.org](http://www.atbawa.org)

***TBA Training Centre, Akpafu Mempeasem***

Akpafu organization working areas since 1992

(4) *Improving child health*

(5) *Reducing maternal deaths*

(6) *Combat HIV/AIDS, malaria and other diseases*



### **Message from the President**

Dear Readers, I would like to say that we have come a long way up till date with the training of practicing but untrained traditional birth attendants in the Volta Region and for that matter Hohoe Municipality Ghana. Without your financial support, we couldn't have been able to achieve this. The year under review saw a series of activities being organized to reduce maternal and infant mortality rates which is quite high nation wide.

Over the past years, the Ministry of Health (MOH) and the Ghana Health Service (GHS) have been working together to reverse the trend,

but this has not produced much result. Akpafu organization came in 1992 to compliment the efforts of the government agencies by recruiting and training of practicing but untrained traditional birth attendants in the project regions. The year under review was very exceptional when 120 practicing but untrained traditional birth attendants were officially trained and certified. There is more to be done as the population of Hohoe municipality/Afadzato South District keeps increasing and there are also resettlements.

We are, of course, still a long way from achieving the outcomes we seek. Success will require more hard work and a redoubling of our commitment to service and collaboration in the spirit of community's values, and the values of our larger Ghana community. But I heartily commend the staff and volunteers who have helped bring this year's success, and humbly thank all the members, contributors, donors and patrons for their support in helping Akpafu reaching this level.

***Asare Regina (Mrs.)***

***Chief Executive Officer***

### **Brief background**

Akpafu Traditional Birth Attendants Women Association is a health non-governmental and non-profit association established in 1992. At the early beginning, the association presented by four retired trainers, started to mobilize traditional birth attendants and recommended them for formal training by the local health authority, Ghana Health Service. During the years more retired nurses, traditional birth attendants, trainers and social workers entered the association which was officially registered in 1997.

## Organizational Profile

Since 1992, Akpafu Traditional Birth Attendants Women's Association (ATBAWA) has worked to reduce maternal mortality rates and train Traditional Birth Attendants (TBAs) to administer safe prenatal, delivery and postnatal care and services in the Volta Region of Ghana. Examples of the group's comprehensive activities include: 1) conducting community outreach programs to increase access to pre and post natal care and advocate with local leaders against harmful traditional practices such as Female Genital Mutilation (FGM) and *Trokosi* (*ritual servitude*) that compromise the health of mothers and children; 2) undertaking community education on sexual and reproductive health; 3) facilitating training of Traditional Birth Attendants (TBAs) with information for hospital referrals, family planning, enhanced medical techniques and health care kits as a strategy to reduce high risk pregnancies and maternal and infant mortality; and 4) advising pregnant women and mothers on infant health. The organization has designated a holistic approach to promote HIV/AIDS preventive care and treatment, and reduce mother-to-child transmission as well as transmission from Traditional Birth Attendants to mother or mother to traditional birth attendant due to unsafe practices or procedures. Through ATBAWA programs, over 50,000 people have become more knowledgeable on family Planning, HIV/AIDS and other Sexual Transmitted Infections (STIs).

Akpafu TBA Women's is governed by a five member Management Committee. It has a total membership of 187 of which 95% of the members are women.

## Mission Statement

Akpafu mission is to contribute to socio-economic development of the women and wealth creation by promoting health and vitality, ensuring access to quality health, population and nutrition services for all people especially our target persons living in Volta and promoting the development of Traditional Birth Attendants in project regions.

## Projects, Programs & Events

Under the period of review, the organization was able to train 120 practicing but untrained traditional birth attendants from more than 60 communities under Hohoe municipality and Afadzato South District. Two people were selected from each community and the training was residential taking 7 days to complete. The local health partner, Ghana Health Service (GHS) Hohoe and Afadzato South provided the trainers. The training venue was at the

Organizational training Centre based at Akpafu Mempeasem. The participants were basically trained in basic midwifery practices, obstetric care, safe motherhood, HIV/AIDS, malaria and diarrhea.



*Section of the trainees at the training workshop*





**MALARIA AND DIARRHEA TRAINING WORKSHOPS:** Malaria and Diarrhea training workshops were separated from traditional birth attendants training and this took a different time where the trainees undergone a five day training workshop. **Malaria:-**this topic was chosen because it is a serious national problem for the country and has serious implication for pregnant women and children. It is felt that the traditional birth attendants can help in curbing the incidence of the infection by doing health education and campaign on the ground.

#### Project Photos











## FAMILY PLANNING PROJECT









**CHALLENGES FACED:** Generally, there were some challenges faced during the implementation of project but these do not affect our activities.

**OVERNIGHT ACCOMMODATION:** The lodging facility is not enough to accommodate more traditional birth attendants as an overnights accommodation. On this, we will in the future solicit funding to support us construct additional rooms for overnight accommodation for birth attendants. There is a need to set up Practical demonstration apartment where traditional birth attendants can have their practical whiles in training workshop. This apartment is very important, since it will reduce transport costs for birth attendants.

Looking at the wider coverage of the programmes and activities and the distance from each community to another, also the poor road network, we will be very glad to have a means of transport in form of a Pick-Up. This will enhance our home visits, supervision and general errands for the organization. At the moment we have collaborated with Hohoe Health Service office to conduct joint supervision using their Vehicle.

**THE WAY FORWARD:** These were the decisions taken by the Management and have to be implemented in the 2017 fiscal year.

1. The Association will change its name to MamaCare-Ghana Organization and therefore, the Programs Manager is mandated to start the process at Registrar General's Department Accra.
2. That because of the badness of the road leading to the organizational training Centre, the Association has decided to re-locate to Hohoe and establish a training Centre should funding become available for construction.
3. That, programs focus will change with the new name of the organization.

**SPONSORS FOR 2016 CALENDAR YEAR:** We wish to thank MANOS UNIDAS, SPAIN for their financial Assistance that enabled us to implement our projects in 2016 calendar year.

Prepared by  
Mr. Emmanuel Pewudie  
(Program Manager)



Approved by  
Mrs. Asare Regina  
(Executive Director)



**AKPAFU TBA WOMEN'S ASSOCIATION**  
**INCOME AND EXPENDITURE ACCOUNTS FOR 2016 CALENDAR YEAR**  
**ALL CONTRIBUTIONS IN NEW GHANA CEDI (GH¢)**

<b>SOURCES OF INCOME (GH¢)</b>	<b>Manos Unidas Spain</b>	<b>ATBAWA Org.</b>	<b>Communities Contribution</b>	<b>Ghana Health Services-Hohoe</b>	<b>TOTAL</b>
	<b>112,532.75</b>	<b>14,830.00</b>	<b>8,100.00</b>	<b>2,950.00</b>	<b>138,412.75</b>

**EXPENDITURES FOR 2016**

**PROJECT COSTS**

<b>Items</b>					
Medical Kit Boxes	26,400.00	-	-	-	26,400.00
Condoms	4,500.00	-	-	-	4,500.00
Fetal Sthethoscope	1,800.00	-	-	-	1,800.00
Gauze	3,000.00	-	-	-	3,000.00
Oral Hydration Salts	1,440.00	-	-	-	1,440.00
<b>Total Medical Equipment</b>	<b><u>37,140.00</u></b>	-	-	-	<b><u>37,140.00</u></b>

**TRAINING COSTS**

**TRAINING OF TRADITIONAL BIRTH ATTENDANTS**

Feeding	25,200.00	-	-	-	25,200.00
Photocopy Training Manual	2,400.00	-	-	-	2,400.00
Photocopy Record Books	3,000.00	-	-	-	3,000.00
Stationaries	1,800.00	-	-	-	1,800.00
Transport for TBAs	3,600.00	-	-	-	3,600.00
Training Banner	100.00	-	-	-	100.00
Caterer fees	2,100.00	-	-	-	2,100.00
<b>SUB-TOTAL</b>	<b><u>38,200.00</u></b>	-	-	-	<b><u>38,200.00</u></b>

**TRAINING FOR MALARIA & DIARRHEA COSTS**

Feeding costs	3,600.00	-	-	-	3,600.00
Photocopy Training Manual	1,800.00	-	-	-	1,800.00
Stationaries	1,200.00	-	-	-	1,200.00
Transport for TBAs	3,600.00	-	-	-	3,600.00
Caterer Fess	400.00	-	-	-	400.00
<b>SUB-TOTAL</b>	<b><u>10,600.00</u></b>	-	-	-	<b><u>10,600.00</u></b>



**TRAINING OF TBAs IN NUTRITION FOR PREGNANT  
WOMEN & CHILDREN COSTS**

Feeding for TBAs	3,600.00	-	-	-	3,600.00
Stationaries	1,200.00	-	-	-	1,200.00
Transport for TBAs	3,600.00	-	-	-	3,600.00
Caterer Fess	400.00	-	-	-	400.00
<b><i>SUB-TOTAL</i></b>	<b><u>8,800.00</u></b>	-	-	-	<b><u>8,800.00</u></b>

**REFRESHER TRAINING FOR TBAs**

Feeding of TBAs	7,200.00	-	-	-	7,200.00
Transport for TBAs	3,600.00	-	-	-	3,600.00
Caterer fees	1,200.00	-	-	-	1,200.00
<b><i>SUB-TOTAL</i></b>	<b><u>12,000.00</u></b>	-	-	-	<b><u>12,000.00</u></b>

**OVERHEAD COSTS-2016**

Training Allowances for TBAs			2,700.00		2,700.00
Communication	960.00	-	-	-	960.00
Office Materials	480.00	-	-	-	480.00
Electricity	1,200.00	-	-	-	1,200.00
Water Supply	360.00	-	-	-	360.00
Selection of TBAs	373.00	-	-	-	373.00
Referral Cards	2,400.00	-	-	-	2,400.00
M&E	600.00				600.00
Transport for ATBAWA	-	370.00	-	-	370.00
Practical for Nutrition Education	-	-	600.00	-	600.00
Transport for Practical-Hohoe	-	-	600.00	-	600.00
Monthly supervision	-	3,600.00	-	-	3,600.00
Radio Spots		960.00			960.00
Venue for Training Workshops	-	3,000.00	-	-	3,000.00
Accommodation	-	1,200.00	-	-	1,200.00
Contingency		300.00			300.00
<b><i>SUB-TOTAL</i></b>	<b><u>6,373.00</u></b>	<b><u>9,430.00</u></b>	<b><u>3,900.00</u></b>		<b><u>19,703.00</u></b>


**PERSONNEL ALLOWANCES -2016**

Executive Director	-	2,640.00	-	-	2,640.00
Programs Manager	-	2,580.00	-	-	2,580.00
Administrator/Accounts	-	2,520.00	-	-	2,520.00
Security	-	1,860.00	-	-	1,860.00
Ghana Health Services	-	-	-	2,950.00	2,950.00
<b><i>SUB-TOTAL</i></b>	-	<b><u>9,600.00</u></b>	-	<b><u>2,950.00</u></b>	<b><u>12,550.00</u></b>

**GRAND TOTAL OF 2016 PROJECT EXPENDITURES FOR AKPAFU  
TRADITIONAL BIRTH ATTENDANTS WOMEN'S ASSOCIATES**

	<b><u>113,113.00</u></b>	<b><u>19,030.00</u></b>	<b><u>3,900.00</u></b>	<b><u>2,950.00</u></b>	<b><u>138,993.00</u></b>
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PREPARED BY MR. KUMI EMMANUEL  
POSITION: ACCOUNTS CLERK  
DATE: 12 JUNE, 2017

SIGNATURE: .....

**APPROVED BY**  
MRS. ASARE REGINA  
POSITION: EXECUTIVE DIRECTOR  
DATE 12<sup>TH</sup> JUNE, 2017

SIGNATURE.....